

# RIDING FOR MEN'S HEALTH

## SUNDAY 19TH MAY 2024



The group ride will start at Triumph Detroit, 47488 Van Dyke Ave., Shelby Twp. (Just north of 21 Mile)

8:30 / KSU 9:30

(top off your fuel in advance)

This ride is not for just men, women are also invited to attend.

Dress code for all: Dapper. Check for ideas (Google search).

Make sure you are registered.

Donations start at 20.00.

More detail to follow.

Register and join our group ride from Spartan Cycle to this event.

Register here: <https://www.gentlemansride.com>

**MORE THAN 100,000 RIDERS IN 900 CITIES  
AROUND THE WORLD, RIDE FOR MEN'S HEALTH!**

